

**Mt. Calvary Baptist Church**  
608 North Horners Lane  
Rockville, MD  
Rev. Dr. Brian O. Bellamy, Senior Pastor



## **RESOURCES FOR FEDERAL WORKERS**

In an effort to assist federal employees and contractors in our community, Mt. Calvary Baptist Church is providing a listing of links to various programs and services available in our area.

### **Financial Assistance:**

- [Unemployment Compensation For Federal Employees](#)
- [Federal Employee Education and Assistance Fund](#)

### **Career Guidance:**

- [Federal Career Transition Programs](#)
- If you are looking for a new career path, becoming an educator is a GREAT option-- our State has a **shortage of 15,000 teachers!** The Maryland Department of Education offers fast-track opportunities for professionals with expertise in various fields to become certified through [Maryland's Alternative Teacher Certification Pathways](#) and [Teach for Maryland](#).
- [Job Opportunities | Montgomery County Government Careers](#)

### **Resource Listings:**

Your elected officials in every level of government are working to help terminated federal workers. Here are some especially useful links:

- [Gov. Wes Moore's Resource Page](#)
- [MD Dept. of Labor Resource Page](#)
- [Sen. Chris Van Hollen's Resource Page](#)
- [Sen. Angela Alsobrooks' Resource Page](#)
- [Rep. Jamie Raskin's Resource Page](#)
- [Rep. April McClain Delaney's Resource Page](#)
- [Montgomery County Resource Page](#)

### **Catholic Charities DC**

- <https://www.catholiccharitiesdc.org/program/behavioral-health-services/>

### **Churches Care**

- [https://www.churchescare.com/blog/5-ways-cultivate-supportive-community?utm\\_source=google&utm\\_medium=cpc&utm\\_campaign=Connect\\_NTL\\_ENG\\_2023\\_Fall\\_Primary&utm\\_content=Anxiety4G\\_2022\\_Winter&utm\\_term=anxiety+and+depression+help](https://www.churchescare.com/blog/5-ways-cultivate-supportive-community?utm_source=google&utm_medium=cpc&utm_campaign=Connect_NTL_ENG_2023_Fall_Primary&utm_content=Anxiety4G_2022_Winter&utm_term=anxiety+and+depression+help)

### **Department of Behavioral Health - DC**

- <https://dbh.dc.gov/service/adult-services>
- <https://dbh.dc.gov/page/where-get-help>

#### Free Mental Health Services (Directory of 35 Free Mental Health Clinics)

- <https://www.freementalhealth.us/city/dc-washington>

#### Gilchrist Immigrant Resources (Note: Some resources are also for non-immigrants.)

- <https://www.montgomerycountymd.gov/gilchrist/>

#### HealthyPlace

- <https://www.healthyplace.com/other-info/mental-illness-overview/free-mental-health-services-and-how-to-find-them>

#### Inher Sight

- <https://www.inhersight.com/blog/insight-commentary/i-cant-find-a-job-and-im-depressed>

#### Montgomery County Government

- <https://www.montgomerycountymd.gov/OPI/fed-worker-resources.html>

#### NAMI DC

- <https://www.namidc.org/resources/local-resources/>

#### Open Counseling

- <https://www.healthyplace.com/other-info/mental-illness-overview/free-mental-health-services-and-how-to-find-them>

#### PRO BONO Counseling

- <https://www.probonocounseling.org>

#### SAMHSA

- <https://www.samhsa.gov/find-support/how-to-pay-for-treatment/free-or-low-cost-treatment>

#### TLC MD

- <https://tlc-md.org/behavioral-health/>

#### US Department of Veterans Affairs

- <https://www.va.gov/health-care/health-needs-conditions/mental-health/>

#### Washington Physicians Network

- <https://wpdnetwork.com/mental-health-resources/>
- <https://unitedwaynca.org/find-support/mental-health-resources-washington-dc-surrounding-counties/>

*Capital Area Food Bank, the MoCo Food Council and Manna Food Center all have ways for people to find food.*